



# Quick Guide to Family Resources 2019

## United Way Community Information Center

Updated December, 2018

Covering the City of Charlottesville and the counties of Albemarle, Fluvanna, Greene, Louisa and Nelson (PD10).

This guide is not an all-inclusive list, nor does it list all of the services provided by an agency. All area codes are (434) except as noted.

PUBLIC SERVICE AGENCIES	EDUCATION Continued...	TEMP FINANCIAL ASSISTANCE Continued...
<b>SOCIAL SERVICE AGENCIES (DSS)</b>	<b>EARLY CHILDHOOD</b>	MACAA/ Fluvanna 842-2521
Albemarle Dept. of Social Services 972-4010	Head Start (MACAA) 295-3171	MACAA/LOUISA 540 967 9522
Charlottesville Dept. of Social Services 970-3400	Shining Star (JABA) 817-5222	MACAA/ Nelson 263-8119
Fluvanna Dept. of Social Services 842-8221	Bright Stars (Alb.County) 972-4010 ext.3222	Unity in Community-Nelson 277-8842
Greene Dept. of Social Services 985-5246	Charlottesville Preschool Program 245-2813	<b>FOOD RESOURCES</b>
Louisa Dept. of Social Services (540) 967-1320	<b>LITERACY AND TUTORING</b>	<i>Food Stamps: See Social Services Agencies</i>
Nelson Dept. of Social Services 263-7160	Literacy Volunteers of CHAR-ALB 977-3838	Daily Meal Sites/Soup Kitchens (Cville) 972-1703
<b>HEALTH DEPARTMENTS</b>	Literacy Volunteers of Nelson Co. 263-6447	Emergency Food Network/Cville/Alb 979-9180
<i>Provides general health care, immunizations, pregnancy and well baby care.</i>	<b>EMERGENCY SERVICES</b>	MACAA/ FLU 842-2521
Charlottesville/Albemarle 972-6200	Fire / Rescue / Police 911	Community Cupboard/ LOUISA 540-967-1510
Fluvanna County 591-1960	Child & Adult Protective Services <i>Call DSS</i>	Loaves and Fishes 996-7868
Greene County 985-2262	Poison Control (800) 222-1222	Meals on Wheels of CHAR-ALB 293-4364
Louisa County (540) 967-3703	Region Ten - Mental Health 972-1800	Meals on Wheels-Fluvanna 589-1685
Nelson County 263-4297	Teen Crisis Hotline (ReadyKids!) 972-7233	Salvation Army Public Meals 295-4058
<b>CHILD CARE</b>	SARA Hotline (Sexual Assault) 977-7273	<b>HEALTH / MEDICAL ASSISTANCE</b>
<b>REFERRAL RESOURCES</b>	Shelter for Help in Emergency (SHE) 293-8509	Blue Ridge Medical Center/ NEL 263-4000
ReadyKids! 296-4118	<b>EMPLOYMENT</b>	Charlottesville Free Clinic 296-5525
<b>FINANCIAL AID SCHOLARSHIPS</b>	<b>COUNSELING AND TRAINING</b>	Community Children's Dental Center 293-9300
United Way Child Care Scholarships 972-1710	Albemarle Career Center 972-4010	Independence Resource Center 971-9629
<i>See top of page, Social Services Agencies</i>	Downtown Job Center 970-3933	Louisa Health & Wellness Center (540) 967-9401
<b>DONATIONS &amp; THRIFT STORE</b>	Louisa Employment Center (540) 967-6095	Sentara Martha Jefferson Hospital 654-7000
<b>CLOTHING CLOSETS/THRIFT STORES</b>	Offender Aid & Restoration Reentry 296-2441	United Way Prescription Assistance 972-1709
Central Virginia Baptist Association 977-6876	Piedmont Workforce Network 979-5610	UVA Medical Center 924-0211
Goodwill Industries Thrift Shop-Pantops 295-3967	VA Dept. of Aging Rehab Services 296-5621	<b>ACA Assistance</b> 220-1496
Pregnancy Center of Central VA 979-8888	VA Employment Commission 984-7630	<b>MENTAL HEALTH SERVICES</b>
Salvation Army Family Store 979-5230	VA Workforce Center Charlottesville 529-6791	Partner for Mental Health 977-4673
Schoolhouse Thrift Shop 973-2271	WorkSource Enterprises 972-1730	On Our Own-Mental Health Recovery 979-2440
Twice is Nice Thrift Shop 293-8319	<b>FINANCIAL SERVICES</b>	Region Ten 972-1800
Free Laundry Service by Appointment 977-7777	<b>BUDGET &amp; CREDIT COUNSELING</b>	Sexual Assault Resource Agency 295-7273
<b>EDUCATION</b>	Consumer Credit & Budget Counseling 888 738 8233	Women's Initiative 872-0047
<b>ADULT AND BASIC EDUCATION</b>	CCCS 1-800-431-8157	<b>PREGNANCY, PRENATAL, AND WELL BABY</b>
Adult Education 245-2817	UVA Community Credit Union 964-2001	Birth Matters Virginia 757-932-2682
For GED and ESL programs within our service area please call the Adult Learning Center: 245-2817	<i>Please visit <a href="http://www.uvacreditunion.org">www.uvacreditunion.org</a> for a current list of financial education seminars, offered free of charge to the public.</i>	Healthy Families (ReadyKids!) 296-4118 Ext. 229
CATEC 973-4461	<b>TEMPORARY FINANCIAL ASSISTANCE</b>	Jefferson Area CHIP 964-4700
TJ ACE-PVCC 977-3900	For financial assistance please call the Charlottesville Area Helpline: 434-234-4490, Mon-Wed, between the hours of 11am and 2pm.	Sentara Martha Jefferson Hospital 654-7009
Continuing Education-UVA 982-5252		Planned Parenthood 296-1000
Families Learning Together/ FLU 842-9273		Pregnancy Center of Central VA 979-8888
		<i>For the WIC Program, please contact your local Health Department</i>

**United Way Community Information Center/Centro de Información**  
**806 East High Street, Charlottesville, VA 22902**  
**(434) 972-1715**  
**Se habla español**



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<b>HOUSING RESOURCES</b>	<b>LEGAL ASSISTANCE</b>	VA Cooperative Extension/Nel 263-7180
Albemarle Housing Improvement 817-2447	Central VA Legal Aid 296-8851	<b>SPECIAL EDUCATION SUPPORT</b>
Albemarle Office of Housing 296-5839	Legal Aid Justice Center 977-0553	Arc of the Piedmont 977-4002
Habitat for Humanity 293-9066	Sin Barreras 531-0104	P.R.E.P./Parent Resource Center 975-9400
Fluvanna/LOU Housing Foundation (540) 967-3483	<b>MENTORING AND COMPANIONSHIP</b>	<b>SENIOR SERVICES</b>
LEAP (Energy Efficiency for Cville Only) 227-4666	Abundant Life Ministries 970-2077	Adult Day Care-JABA 817-5222
Nelson Co.Community Devl. Foundation 263-8074	Big Brothers Big Sisters 244-0882	Alzheimer's Association 973-6122
Piedmont Housing Alliance 817-2436	Boys & Girls Club 971-9400	Dementia Hotline 973-6122 Opt. 2
Skyline CAP (Greene County) 985-6066	Boy Scouts-Stonewall Jackson (540) 943-6675	Hospice of the Piedmont 817-6900
<b>HOUSING REHABILITATION AND REPAIR</b>	Community Attention Teens Give 970-3346	Information & Assistance-JABA 817-5222
AHIP Home Rehab & Repair 817-2447	Computers4Kids 817-1121	Insurance Counseling & Assistance-JABA 817-5248
Charlottesville Free Paint Program 970-3093	Girl Scouts of VA/Skyline Council 970-1717	Meals Home Delivery-JABA 817-5222
<b>HOMELESS INTERVENTION</b>	LOVE, INC. 977-7777	Meals on Wheels-Cville 293-4364
Hope House-MACAA 295-3171 ext.3021	UVA Madison House 977-7051	Meals on Wheels-Fluvanna 589-1685
PACEM: Women: 465-7521 Men: 465-1392	<b>FREE TAX PREPARATION</b>	The Center 974-7756
Salvation Army Homeless Intervention 295-4058	IRS 1-800-829-1040	Social Security Administration (800) 772-1213
Shelter for Help in Emergency (SHE) 293-8509	Cville Tax Aid 972 1703	<b>TRANSPORTATION</b>
The Haven at First & Market 973-1234 Ext.100	<b>PARENTING/FAMILY SUPPORT</b>	Charlottesville Transit Service 970-3649
<i>For rapid rehousing list please call the Haven</i>	<b>COUNSELING-FAMILIES OR CHILDREN</b>	Greene County Transit 985-5205
<b>HOTLINES/HELPLINES</b>	Community Attention 970-3346	JAUNT toll free 800-365-2868 296-3184
Statewide Information and Referral 211	Family Preservation Services 293-4262	RideShare 295-6165
Helpline (Madison House) 295-8255	Lafayette School & Treatment Center 589-2370	University Transit Service (UTS) 924-7711
Pregnancy Center Hotline: 220-3777	ReadyKids! 296-4118	<b>VOLUNTEER OPPORTUNITIES</b>
Region Ten Emergency Services 972-1800	Region Ten Community Services 972-1800	United Way Volunteer Center 972-1715
Runaway Hotline (ReadyKids) 972-7233	Sexual Assault Resource Agency 295-7273	<b>WOMEN'S SERVICES</b>
Sexual Assault Resource Agency 977-7273	VA Cooperative Ext. / CHAR-ALB 872-4580	Sexual Assault Resource Agency 295-7273
Shelter for Help in Emergency (SHE) 293-8509	VA Cooperative Extension / FLU 591-1950	Shelter for Help in Emergency (SHE) 293-8509
<b>MISCELLANEOUS</b>	VA Cooperative Extension / GRN 985-5236	UVA Women's Center 982-2361
<b>CHILD SUPPORT</b>	VA Cooperative Extension/LOU (540) 967-3422	The Women's Initiative 872-0047
Div. of Child Support Enforcement 800 468-8894	<p><i>Free Tax Preparation is coordinated by the United Way-Thomas Jefferson Area from January through April 15th. Call 972-1703 for more Information on sites available near you!</i></p>	
<b>INTERPRETATION/TRANSLATION</b>		
IRC Community Interpreter Service 979-7772 ext.112		
<b>HOLIDAY ASSISTANCE Referrals</b>		
HOLIDAY ASSISTANCE Referrals 972-1715		

## United Way-Thomas Jefferson Area



**GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED.**

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